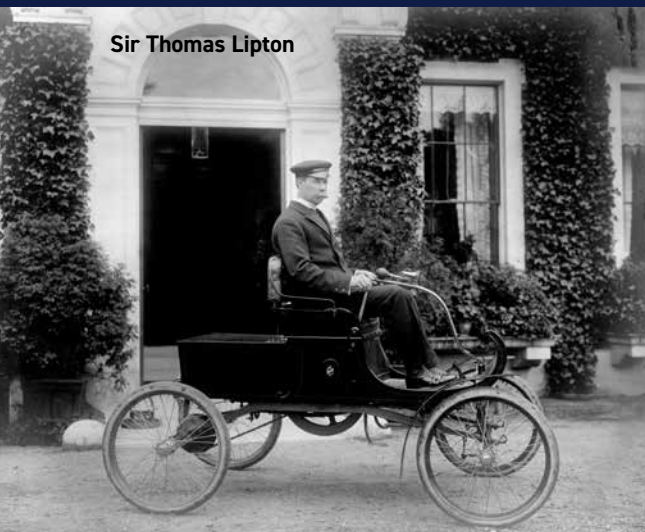


# Palmers Green & Southgate LIFE

60<sup>th</sup>  
Issue

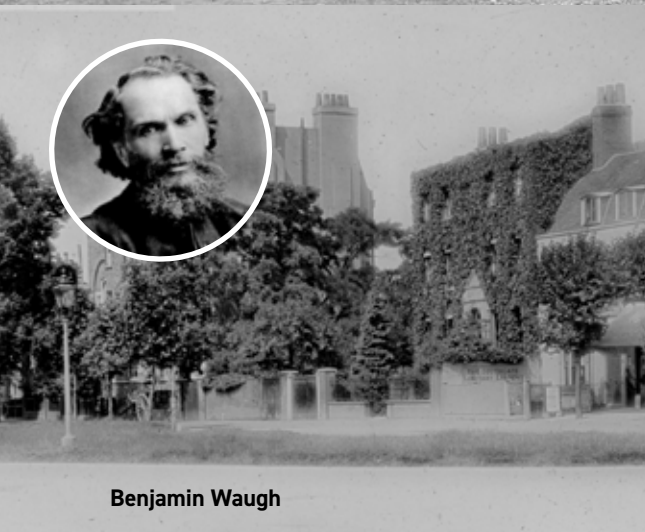
Winter 2024 Edition  
Issue 60



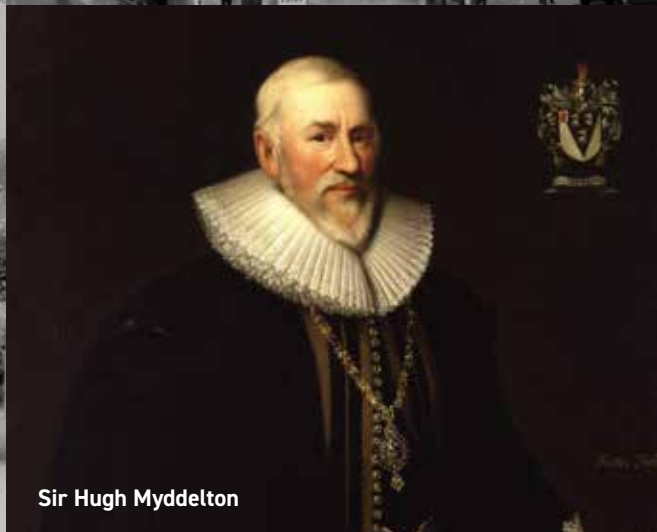
Sir Thomas Lipton



The world's first  
cash machine



Benjamin Waugh



Sir Hugh Myddelton



SCAN ME

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PROPERTY  
VALUATION

**Blue Plaques of Enfield**  
Exploring local heroes, icons and pioneers

**Anthony Webb**  
ESTATE AGENTS

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# Welcome

60<sup>th</sup>  
Issue

Amidst the prevailing market concerns, there's a glimmer of hope. Reflecting on the past, we've seen positive indicators signalling a market turnaround. I'm not just basing that on some new year optimism. Our success story mirrors this confidence: securing a larger market share, topping the charts as the most favoured agency in our area, and leading in completed sales, as validated by Rightmove. The glowing reviews from our clients underscore our commitment to exceptional service and our recent award accolades, solidify our success throughout the year.

More recently, our team welcomed three new industry professionals, Colin, Filippo and Khalid, fired up with the passion to fuel our growth in 2024.

## Property outlook for 2024

Nationwide House Price Index data reveals consecutive months of growth, with values rising by 0.2%, following a notable 0.9% surge in October 2023. These increments, no matter how small, herald a positive trend worth celebrating.

Quietly confident, I dare say that unless unforeseen events intervene, the worst of the market's challenges may be behind us. Looking back in 2023, many of the key ingredients were in place to prompt a rapid reduction in house prices—multiple interest rate hikes, a shortage of stock, inflation squeezing affordability—yet signs now indicate a steadier course ahead. Forecasts hint that interest rates look unlikely to increase again, and the prospect of a 2024 General Election would focus attention on potential improvements and initiatives that could benefit the property market, offering stability and potentially enhancing conditions for buyers, sellers, and the overall market landscape.

The green shoots of recovery are here, and our team is fully equipped to guide you towards a successful move in 2024. Call our office now on **020 8882 7888** to book a market appraisal.

Tony

Director, **Anthony Webb Estate Agents**



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Office Administrator

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## The Mall, Southgate

This chain free, spacious semi-detached family home boasts five bedrooms, three receptions, and a self-contained studio at the rear, spanning over 3000 sq ft across three floors. Walkers and St Monica's primary schools are a short walk away.



For Sale £625,000



## Oaktree Avenue, Palmers Green

A beautifully presented extended 1930s three bedroom house offering bright and airy living accommodation with a garden office, off street parking and south facing rear garden.



For Sale O.I.E.O £650,000



## New Park Avenue, Palmers Green

Extended four bedroom end of terrace 1930s built house offering over 1500sq ft of living space over two floors. The property which requires updating offers excellent scope to create a wonderful family home.



For Sale O.I.E.O £500,000



## Lightcliffe Road, Palmers Green

A stunning two bedroom ground floor Edwardian garden flat which has been completely renovated to a high standard by the current vendors.







## The Blue Plaque Brigade by Dan Brotzel

The boroughs of Enfield and Barnet are richly scattered with homes that bear a Blue Plaque – the prestigious marker of a historic VIP who once lived there. Dan Brotzel takes us on a whistle-stop tour of some very local heroes, icons and pioneers...



**Charles Joseph Coward, Chichester Road, Edmonton 1905-1976**

The entirely misnamed Coward was a British soldier who helped Jewish prisoners escape from Auschwitz and played a key role as a witness in the post-war Nuremberg trials.

As a prisoner of war from 1940, he made several escape attempts from various camps before ending up at a labour camp in the Auschwitz complex in 1943. Because of his German-speaking skills he was made a Red Cross Trustee responsible for British POWs, and made use of this position to smuggle Jewish prisoners out of Auschwitz by swapping their identities with those of non-Jewish inmates who had died in the camp. He was later known for his exploits as 'The Count of Auschwitz'.

As well as his testimony at Nuremberg, his evidence at a trial in Germany in 1953 enabled thousands of survivors from Auschwitz to file lawsuits for compensation against their former oppressors.



**Stevie Smith, Avondale Road, Palmers Green 1902 -1971**

Smith's 'Not Waving But Drowning' was voted Britain's fourth most popular poem in 1995. Her distinctive voice, quirky and ironic, mixes the tragic and comic, and often hints at an underlying quiet desperation.

Smith spent most of her life in Palmers Green. She was fond of Grovelands Park and for many years was a keen Anglican churchgoer. Later she would lose her faith but continue to refer to herself as 'a lapsed atheist'.

Her poems and three novels can be playful and lightly satirical. She wrote affectionately about cats and was quietly sarcastic about men and marriage. But darkness always threatened. In 1953, she was invalided out of work on a full pension after attacking her employer with a pair of scissors then attempting suicide. Happily she recovered and resumed writing, and in 1970 was awarded the Queen's Medal for poetry.



**Benjamin Waugh - the founder of the NSPCC, The Green, Southgate 1839-1908**

Benjamin Waugh, born in Settle, Yorkshire, faced fragile health but pursued a church career after marrying Sarah Boothroyd. His work in Greenwich exposed him to children's sufferings, leading to advocacy for juvenile courts and children's prisons, detailed in his book "The Gaol Cradle, Who Rocks It?" He founded societies aiding impoverished families and, in 1884, established the NSPCC, later chaired by Earl Shaftesbury.

Waugh's tireless efforts resulted in legislation protecting children, including the Children's Charter and the Criminal Law Amendment Act. His advocacy shaped a society that, by 1889, had 32 branches and had impacted thousands of children, a legacy continuing to touch millions today. Waugh's dedication echoes through his blue plaque and the enduring impact of the NSPCC.



**Sir Thomas Lipton, Southgate, 1850-1931**

Sir Thomas Lipton led a remarkable life as a successful entrepreneur and philanthropist. Born in 1848 in Glasgow, he ventured into the grocery business, eventually founding the renowned

Lipton tea brand. His innovative marketing strategies and dedication to providing quality products made him a household name.

Lipton's ties to Southgate are linked to his residence at Osborne House, an estate in the area. He was a celebrated benefactor, supporting various local causes and charities.



**Sir Hugh Myddelton, on the corner of Cunard Crescent and Bush Hill Road, N21**

Sir Hugh Myddelton, a civil engineer, revolutionized London's hygiene by supplying clean water through the New River scheme.

Born in Denbigh, he moved to London as a Goldsmith apprentice in 1576 and engaged in international trade and the Society of Merchant Adventurers, contributing to the city's prosperity.

In 1609, Myddelton spearheaded the construction of the 38-mile-long New River from Hertfordshire, combating London's contaminated water crisis. Overcoming opposition and costing £18,500, it relied on gravity, with skilled laborers digging the channel and carpenters installing elm pipes. Despite initial pushback, King James I's support ensured completion by 1613.

Recognised through statues and a church burial, Myddelton's legacy endures, as the New River still supplies a significant portion of London's daily water consumption, highlighting his pioneering contribution to the city's health and growth.

# The Blue Plaque Brigade



**Charles (1775-1834) and Mary Lamb (1764-1847), Church Street, Edmonton**

Brother and sister Charles and Mary Lamb were writers best known for their children's books.

The siblings came to live together as young adults in 1796 after Mary – who experienced serious mental health problems throughout her life – killed their mother with a table knife at their Holborn lodgings. Biographers have since categorised Mary's illness as bipolar disorder, and it appears her condition was exacerbated by the extreme strain she was under while caring for both her parents and working to support them.

Mary was released after trial and entrusted to her brother. In happy times, the pair were popular among London's literary circle, counting Samuel Taylor Coleridge, William Hazlitt, John Keats and Leigh Hunt among their friends.

As writers, Mary and Charles's collaborations included the books *Tales from Shakespear* [sic] (1807), *Poetry for Children*, *Entirely Original* (1809), and *Mrs Leicester's School* (1809).



**The world's first cash machine, Barclays Bank, Enfield Town 1967**

A blue plaque adorns Enfield town's Barclays Bank, marking the site of the world's inaugural cash machine unveiling on June 27, 1967.

A half a century later there are estimated to be 3 million cash machines across the globe, with about 70,000 in the UK. More recently, Brits have been turning away from using cash. Last year, electronic debit card payments outnumbered physical money. Unsurprisingly, the number of ATMs in Britain has been shrinking alongside the drop in physical cash transactions.

For an alternative version of this article detailing a wider range of Enfield and Barnet's Blue Plaque holders, go to our website. For more about London's Blue Plaques, go to [www.english-heritage.org.uk/visit/blue-plaques/](http://www.english-heritage.org.uk/visit/blue-plaques/)

Dan Brotzel's novel, *The Wolf in the Woods*, is published by Bloodhound Books, April 2002.



## Hazelwood's Christmas Fair is a Jolly Success!

Christmas at Hazelwood always serves up a festive treat and none more so that the annual HPSA (Hazelwood Parent Staff Association) Christmas Fete, that took place on Friday 1 December 2023, kindly sponsored by Anthony Webb estate agents!



It was appropriately cold and frosty so everyone wrapped up as warm as possible to enjoy the huge array of exciting things on offer. Food and drink (including popcorn, candy floss, burgers and Mary's famous Mac n cheese), games, bouncy castles, HPSA merch, tombolas, hampers, exciting stalls and, of course, a visit to Santa's

Grotto ensured that everyone had a fabulous time and welcomed Christmas in with a bang! The lovely Christmas market atmosphere was loved by all.

The Hazelwood children and community are very grateful to the amazing HPSA team for putting on such a wonderful event and raising lots of money which will be going towards an interactive outside games board, as requested by the school council on behalf of all of the children.

Hazelwood has such an amazing

community; it was lovely to see so many faces on Friday. Not only helping out on the day but coming along to soak up the festive atmosphere too.



We wish you all a Happy New Year!

**Hazelwood Schools are proudly sponsored by Anthony Webb Estate Agents**



# Unite for Steve: A Sponsored Walk to Support Life, Hope, and Raise Awareness of Brain Cancer Research

## Dearest Palmers Green Community,

In August 2022, our awesome friend Steve, aged 46, was diagnosed with a stage 4 Glioblastoma brain tumour.

After enduring 27 rounds of radiotherapy, multiple cycles of chemo, so many complications and hospital stays, a pulmonary embolism and losing the use of his left leg from a 4-hour seizure, poor Steve got the news that the treatment wasn't working and the tumour was growing.

As much as the NHS, UCLH and Queens Square Hospital have been amazing, Steve's family hit a dead end. They needed to do more. They couldn't access all the treatments they needed in the UK or on the NHS.



Fran, Steve's incredible wife tirelessly researched alternative treatment options and they have been travelling every 6 weeks to the IOZK clinic in Germany for immunotherapy treatment. The treatment includes Keytruda, hypothermia, oncolytic virus therapy and ultimately a customised vaccine. The treatment is making a difference, his seizures have reduced, and his mobility has improved. Steve's latest scan finally showed stability, some tumour reduction and his medical team believe it's all going in the right direction. It's the first positive news that Steve and Fran have received since this hideous nightmare began. The challenge is that this treatment is extremely expensive.



Steve requires a variety of treatments. The aim being to prolong Steve's life and, potentially, stop the tumour in its tracks. We want to give Steve as much additional time with his family and daughter Autumn as possible.

Fran has been caring for Steve and raising funds for his treatment. She never thought this would happen to Steve or that they'd need to go outside the UK for care and that the care would cost hundreds of thousands of pounds. What this family has had to experience over the past year and a half has been incredibly sad to see and therefore we want to support them in any way we can.

We've come together and devised a plan for a sponsored walk on Saturday 24 February 2024, this will help keep Steve's treatment going and also raise awareness for much-needed brain cancer research. It was devastating to find out that brain tumours kill more people under 40 than any other cancer. Yet just 1% of the national spending on cancer research has been allocated to this devastating disease since 2002.

We are asking the Palmers Green community to please unite and sponsor us however big or small, every donation helps.

We are sending our love and endless gratitude to you all.

Steve's friends from Palmers Green xx

You can support Steve and his family by visiting [gofund.me/313d482b](https://gofund.me/313d482b) or scan







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## To leave or not to leave? by Fariz Uvais

**Fahri LLP**  
Law Firm

Fariz Uvais is a consultant solicitor at Fahri LLP based in Whetstone North London. With a modern and forward-thinking approach, their team of highly qualified legal experts are committed to giving you the very best advice and exceptional service. Please send your questions to Fariz by email: [fariz@fahri LLP.com](mailto:fariz@fahri LLP.com) or visit [www.fahri LLP.com](http://www.fahri LLP.com)

Sadly, if recently published data is accurate, many married people appear to feel as though they are trapped in a dysfunctional marriage. Over three-quarters of unhappy couples choose to remain married due to a variety of reasons, leaving just 1 in 4 committing to the path of divorce.

For some, the prospect of abandoning a marriage after years of building a home and raising the children can prove to be particularly daunting. It is often the case that one party is the primary breadwinner and the other takes on the predominant responsibilities at home, including being the primary caregiver of the children. This prompts many who

take on such responsibility to pause or give less priority to their careers while the other continues to advance financially with their careers at the forefront. Many who choose the second option are blindsided when marriages fail because they have not recognised the financial risks associated with that role, which often compels them to stay in a marriage despite their desire to gain back their independence.

Whilst the financially stronger party will try their best to continue to live to 'their norm', for those that decide to no longer be financially bound to their toxic relationship, the long-term effects can be devastating. The other party will have

to re-enter the workforce, typically at a reduced earning potential and fewer career advancement opportunities. Any income they receive will have to be spent on providing for basic necessities that they previously depended on their partner for. This, coupled with the shock of being a single parent and potential homeownership loss, can be overbearing for some.

Recognising these complexities, it is essential to look for robust and effective assistance that can reflect each party's specific needs, and usually the earlier such assistance is obtained, the better the outcomes.

Disclaimer: The information provided in this article should not be construed as legal advice and the information is offered for information purposes only. You should always seek advice from an appropriately qualified solicitor on any specific legal enquiry.

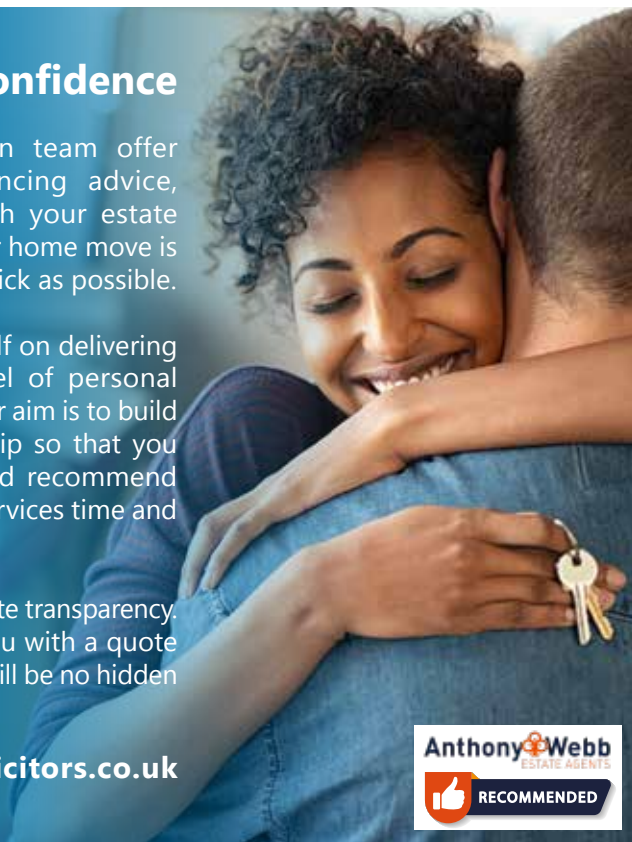
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## Follow the Palmers Green Art Trail Starting at Broomfield Park by David Williamson

The Palmers Green Art Trail runs from Broomfield Park into the high street. The Palmers Green Action Team, The Palmers Greenery Community Café, Friends of Broomfield Park, Enfield Council and local businesses have shown amazing vision to realise this growing landscape of artworks.



The Art Trail starts at The Palmers Greenery Community Café in Broomfield Park, the mural 'Canada Geese' by Laura McKendry was inspired by the wildlife in the park and brings a flash of colour to the café.

Nearby on the old bowling green clubhouse walls is a series of artworks created by community groups led by Prerana Phadnis.



In 2023 three new murals have been hand-painted on the former football changing rooms near the children's playground as part of a 'Curate Enfield' project. The artists of The Matchbox Collective held workshops with local children and community groups to form their ideas.



The fourth mural by them can be found at Green's Kitchen, 345 Green Lanes. All the murals were inspired by stories of Broomfield Park – its old aviary, lakes, orchard, wildlife, bees and flowers.

Other highlights of the Art Trail include:

The 'New River Life' Mural at the side of Palmers Green Station by ATM Street Artist celebrates the New River and freshwater life.



'Finding the Green in Palmers Green' is a series of station mosaics on the platform designed by Alex McHallam with Tamara Froud in collaboration with students at Laurel Park School.



At the triangle you will find 'The Pleasure of Friendship' sculpture by Ruth Hallgarten, a memorial to renowned local poet Stevie Smith. Lit up at night 'Luna Woman Power Totem' by Lauren Baker celebrates the suffragettes' historical gathering on the triangle in 1914, which led to women gaining the right to vote.

A mural outside Arbeit Studio by Eloisa Henderson-Figueroa celebrates the opening of Arbeit Studios in Palmers Green.

Another art work inspired by Stevie Smith 'Can it be?' is a poem painted by Trin Brierly on road and walls as part of the development of Devonshire Square.

At the corner of Hazelwood Lane and Green Lanes is a blossoming rainbow of colour by designers Ginger & Green that brings interest and delight to this overlooked wall at Kiva Coffee House.

Lots more details can be found in the news item on Friends of Broomfield Park website, Palmers Green Community newsletter, the Palmers Green Action team website and social media of Palmers Greenery Community Café.





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## Brunswick Park Road, New Southgate

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3 1 1

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## Lytton Avenue, Palmers Green

An unfurnished one bedroom first floor semi-detached house situated in a quiet cul-de-sac turning close to both Palmers Green's and Winchmore Hill's shops, restaurants and Mainline stations into Finsbury Park and Moorgate.

1 1 1

To Let £1,500 pcm



## Byland Close, Winchmore Hill

A newly refurbished first floor two bedroom maisonette with own section of rear garden, located off Winchmore Hill Road and within easy reach of both Southgate and Winchmore Hill's shops, bus routes, restaurants and stations.

2 1 1

To Let £1,700 pcm



## 50 Italian words in 5 minutes

by Laura Scaramella



Traveling to Italy this year? Learn 50 words in 5 minutes! Learning a new language can be both exciting and a bit challenging. But for English speakers diving into Italian, here's a pleasant surprise – you'll find words that look and mean the same in both languages.

Let's explore a few pairs of English-Italian words that make Italian an easy and welcoming language for beginners.

Some words are almost identical, like "taxi," "hotel," "bar," "turista," "radio," "televisione," "arte," and "musica." Others are incredibly similar, making your learning journey a breeze:

**Airport - Aeroporto:** Navigating through the "airport" in English is as seamless as it is in Italian – "aeroporto." Perfect for discussing flights (voli), terminals (terminal), and travel logistics.

**Train - Treno:** Whether you're catching a "train" in English or "treno" in Italian, the journey (viaggio) ahead is understood, providing ease in discussing rail travel.

**Bus - Autobus:** Hop on a "bus" in English or "autobus" in Italian for convenient city (città) travel. The shared term

simplifies transportation discussions for tourists (turisti).

**Museum - Museo:** Exploring cultural treasures? Whether you're discussing a "museum" in English or a "museo" in Italian, the conversation about art (arte) flows effortlessly.

**Ticket - Biglietto:** Purchasing a "ticket" is a universal traveler's task. In Italian, it's "biglietto," making ticket-related conversations hassle-free.

**City - Città:** Whether you're in a bustling "city" in England or a vibrant "città" in Italy, the shared term makes it easy to talk about urban adventures.

**Restaurant - Ristorante:** Dining out is a significant part of travel. The word "restaurant" is "ristorante" in Italian, offering a familiar term for culinary explorations.

If you're just starting to learn Italian, these similar words, called cognates, act like friendly helpers, making things easier for you.

Working with cognates is a powerful way to speed up your learning and boost your confidence.

Learn 50 new words with my quick free guide, it includes a list of 50 words and a bonus list of words related to food, music, and IT.



To download this guide scan the QR code, or visit my website: [www.parlailaliano.co.uk](http://www.parlailaliano.co.uk) and click free resources.

**Happy learning!**  
**Laura Scaramella**  
[Laura@parlailaliano.co.uk](mailto:Laura@parlailaliano.co.uk)





## Anthony Webb Receives National Recognition at the EA Masters and British Property Awards 2024

It's official – Anthony Webb are among the country's TOP 500 premier estate agents, winning two awards at the EA Masters 2024 and the British Property Lettings Award for Palmers Green!

When choosing an estate agent, experience and efficiency matter most. We are pleased to announce that Anthony Webb Estate Agents has emerged as one of the nation's top estate agents, earning a coveted top 500 spot in the Best Estate Agent Guide.



With over 13,080 estate agents evaluated nationwide, we proudly stand among this year's distinguished award winners.

We are immensely honoured and thrilled to be featured in the Best Estate Agent Guide 2024. This recognition holds immense value as it stands as a testament to our dedication and excellence. It's important to note that this acknowledgment isn't something that can be simply purchased; it's a result of a rigorous industry-wide evaluation, specifically designed to identify and showcase excellent standards of service. Being recognised among the best in the country reaffirms our commitment to providing unparalleled service and expertise in the real estate industry.

The award ceremony, that took place on 7 November 2023, was the estate agency event of the year, featuring world-class speakers and a glittering ceremony celebrating the industry's top performing agents. Tony was pleased to collect our award from Dermot John Murnaghan and Rachel Riley, two



British broadcasters. Following the prize presentation, Tony and the team celebrated their win at a gala dinner at the impressive Evolution London, in Battersea.



For anyone contemplating selling a property, reach out to us! Rest assured, you'll be partnering with one of the best agents in your area, ensuring a smooth and successful transaction.



In more exciting news, we also won the British Property Lettings Award for Palmers Green, thanks to our exceptional team's efforts.

The award, organised by The British Property Awards, offers a valuable platform for

agencies across the UK to benchmark their service against local, regional and national competitors.

Our team's dedication to outstanding customer service is what sets us apart, earning us this prestigious accolade. For local landlords seeking an agent devoted to their best interests, our award-winning team is here to offer expert guidance and support.

The British Property Awards rigorous judging process involves personally assessing estate agents against 25 criteria, ensuring fairness and a comprehensive overview of our customer service levels.

If you are looking for a lettings agent you can trust please contact our team on 020 8882 7888.



**Tony Ourris**

Director



**Martin McKelvey**

Office Manager

Anthony Webb's triumphs stem from our unparalleled estate agency team, boasting the longest tenure in Palmers Green. With Tony Ourris, our director of 24 years and Martin McKelvey, our dedicated office manager of 22 years, we possess a wealth of experience deeply rooted in the local landscape.

Our commitment to the community extends beyond transactions; we actively support various initiatives, from local food banks to schools and community projects that benefit local

people. A testament to our dedication is the creation of the distinctive community magazine, Palmers Green and Southgate LIFE, marking its 60th edition here.

Our consistent clientele speaks volumes; many return, entrusting us repeatedly with their properties, a testament reflected not only in our Google reviews, highlighting exceptional service and client satisfaction but also in our recent award wins that recognise our dedication and excellence in the field.

Our comprehensive understanding of the area—its nuances, strengths, and challenges—equips us to navigate every aspect of property sales and rentals effectively, making us your perfect property partner.

If you are thinking of moving or have any property related questions we encourage you to pop in and see us. Our team is here to provide assistance and share our extensive experience with you. Below, you'll find a glimpse of some of our successful sales in 2023.

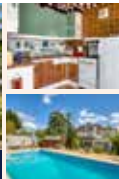


**Brycedale Crescent, Southgate**

A substantial chain free four bedroom 1930s built semi-detached house with the potential to add value and modernise.



SOLD £1,045,000

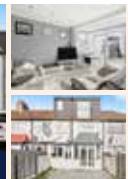


**Pembroke Road, Palmers Green**

A well presented extended 1930s built family home offering four bedrooms and two bath/shower rooms over three floors.



SOLD £600,000



**Cranford Avenue, Palmers Green**

A beautifully presented and extended 1930s built semi-detached house with an impressive frontage boasting three bedrooms.



SOLD £800,000

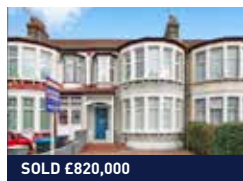


**Fox Lane, Palmers Green**

A well presented five double bedroom Edwardian period house offering in excess of 2300sq ft over three original floors.



SOLD £985,000



**The Crest, Palmers Green**

Stunning three bedroom extended round bay Edwardian family home offering a fantastic blend of period and contemporary living.



SOLD £820,000



**Connaught Gardens, Palmers Green**

A newly renovated and beautifully presented three/four bedroom semi-detached house with converted garage.



SOLD £700,000



## What our clients say about us

"We recently sold our flat with Anthony Webb, Tony and the team were professional, always on hand and excellent throughout the process. Thank you so much for assisting us and completing our sale smoothly. I would definitely recommend them if you're looking to buy or sell."

**Güven Beytekin, October 2023**

"Martin and the team at Anthony Webb were all professional, courteous and timely from start to completion. We were never left waiting to have queries answered and they helped make the process stress free. Their knowledge of the local market and potential buyers was invaluable in securing offers and getting our property sold in a changing, more challenging market!"

**Sanjay Misra, August 2023**



# Introducing Herts Financial Services

by Elise Coleman



Anthony Webb  
ESTATE AGENTS



Herts Financial Services, founded in 2012, are a family-run business with over 40 years of combined experience in a range of financial services.

We offer a suite of services designed to secure your financial future. From finding the best mortgage rates to pension planning and wealth management through strategic investments, we're dedicated to safeguarding your assets.

Our comprehensive approach ensures a lasting legacy for your loved ones. Our services include:

## Mortgages

Purchasing a property is among life's major decisions. With access to the entire market, we secure the best rates and match you with a lender tailored to your needs. We also offer remortgages when your existing deal ends, equity release and additional borrowing. Our mortgage broker service comes at no cost to you, ensuring a hassle-free experience.

## Pensions

We believe that saving for retirement is a crucial element of any financial planning and is essential for ensuring a comfortable future.

## Investments – Wealth Management

Investing and financial planning are staples of wealth management, including the creation of a financial plan and an investment strategy designed to achieve a variety of financial goals.

## Home and Life Insurance

Your home holds cherished memories and prized possessions, far beyond your finances. That's why we offer comprehensive house insurance tailored to protect your home. Additionally, we recognise that ensuring your loved ones are cared for is paramount. Our life insurance solutions are crafted to

provide security and peace of mind, safeguarding your family's future against life's uncertainties.

## Estate Planning

We understand Inheritance Tax is of great concern for many of our clients and minimising the impact of Inheritance Tax is something very important, so the estate can be protected for their families future.

## Wills, Power of Attorney, Trusts & Probate

Ensuring the security of your legacy for your loved ones is a priority we deeply understand. Estate planning, including wills and powers of attorney, forms a crucial part of this journey.

Please visit our website to find out more about how we can assist you.  
[www.hertsfs.co.uk](http://www.hertsfs.co.uk)



## All Your Financial Needs In One Place

### Our Approach:

- Simplifying complexity, making finance less daunting.
- Friendly, approachable, and compassionate.
- Fair and dedicated to lifelong client relationships.
- Open-door policy with customers at the forefront.

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## Unearthing Beauty and Value: The Importance of Front Gardens

Front gardens are very important places. Even before your home comes into view, the front garden is the first thing you or visitors will see.



With some thought and design, you can improve the look of the front garden and create a real impact, adding value to your property in the process. A well designed and well planted front garden also adds to the overall look of your street and neighbourhood and will attract wildlife too. We can actually spend more time in the front garden than the back, entering and leaving the house, going to the car etc, so why not give it the attention it deserves?

**There are lots of things to consider when planning a front garden:**

**1.** Car parking - We try to design front gardens that look good with the car on the drive by careful use of the space, material choice and good planting but

we also consider the overall look of the garden without the car on the drive.

**2.** Bins and bike stores - Hiding or disguising bins with screens/plants and purpose built structures helps take the eye away from them. Bike stores and bins need to be accessible so they're easy to use.

**3.** Paths and materials - A path can be a beautiful thing and really highlights your home. There are many styles to choose from and the material used should reflect the style of your home. The same principle applies to all the construction materials you use to build with. Front walls should reflect the original style of the street.

**4.** Planting - Good planting will bring it alive and will enhance the overall

look. Year round plant interest should be considered and a climbing plant near the front door can do wonders. Pots are also very useful and can be moved around to change the look.

**5.** Drainage - It's essential to have planting areas and a permeable driveway so rain water doesn't run off into the street.

**6.** Planning permission - Check whether you need planning for a new front garden or dive from your local council.

If you need help with inspiration, garden design, planting and landscaping our award-winning team can help. Contact us on 07957 942728 or visit [outside-designs.co.uk](http://outside-designs.co.uk).



## Transforming ordinary gardens into extraordinary spaces

Paul Knight and Chelsea Flower Show award-winning designer Vicky Harris. To discuss your landscaping needs, contact us today and receive your free estimate.

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# Oakland Removals: Moving Every Customer With Care

Are you looking for a seamless, stress-free moving experience? Then look no further than Oakland Removals, run by ex fire-fighter and independent business man Glenn Leck.



Moving can be a daunting task, but it doesn't have to be. With Oakland Removals, your journey from one place to another becomes a breeze. As an independently run business, we prioritise in your comfort, convenience, and peace of mind during your move.

## Our services:

### Domestic removals, downsizing and house clearances

With over two decades of experience, we've mastered the art of domestic removals, whether it's a snug studio flat or a sprawling detached home. Need packing? We've got you covered with a full service, including all the necessary materials.

We offer discounted rates to the elderly, disabled and retired community and can offer any level of assistance required.



### Office removals and clearances

With loads of experience relocating offices, big and small, we've got you covered from start to finish. We handle everything—moving, delivering, setting up, and getting things running smoothly. Plus, we're there before and after to plan it all out and give you the support you need.

### House clearance and general waste management and recycling

Our service for clearing household and general rubbish offers options for a site visit and a complimentary quote. Alternatively, we can provide a free estimate over the phone, backed by photos you provide.

We hold an upper tier license as a waste carrier and strictly adhere to all government regulations concerning environmental and health and safety standards.

### Piano movers and white glove removals

We're equipped to move and install both pianos and grand pianos safely. Our gear ramps, platforms, mechanical lifters, and wheeled movers ensures a secure handling process. You can rest easy knowing our trained team is fully insured for goods in transit and public liability. Do you have delicate items needing extra care? Our white glove removal service handles those with specialized equipment. Reach out to discuss your unique needs.

## Why Choose Oakland Removals?

- ✓ With over a 20 years of experience, we've honed our craft to perfection. We understand the complexities of every move, ensuring a smooth transition to your new destination.
- ✓ Our team consists of skilled professionals who handle your belongings with the utmost care. From packing to transportation and unpacking, rest assured, your possessions are in safe hands.
- ✓ We understand that every move is unique. That's why we tailor our services to fit your specific needs.

Whether it's a residential move, commercial relocation, or specialized items, we've got you covered.

- ✓ We utilise equipment and materials to safeguard your items during transit. Our commitment to using the best tools ensures the safety and security of your belongings.
- ✓ No hidden fees or surprises! At Oakland Removals, we believe in transparent pricing. Our quotes are comprehensive, ensuring you know exactly what to expect from the get-go.

“ Glenn and the Oakland's team have worked with us for several years, supporting in a range of projects. Throughout this time, they have proven they can provide a great service and excellent value for money. ”

By Tom Radojevich, Head of Properties. The Adecco Group

Are you ready to experience a stress-free move? Let us handle your move while you focus on the excitement of your new journey!

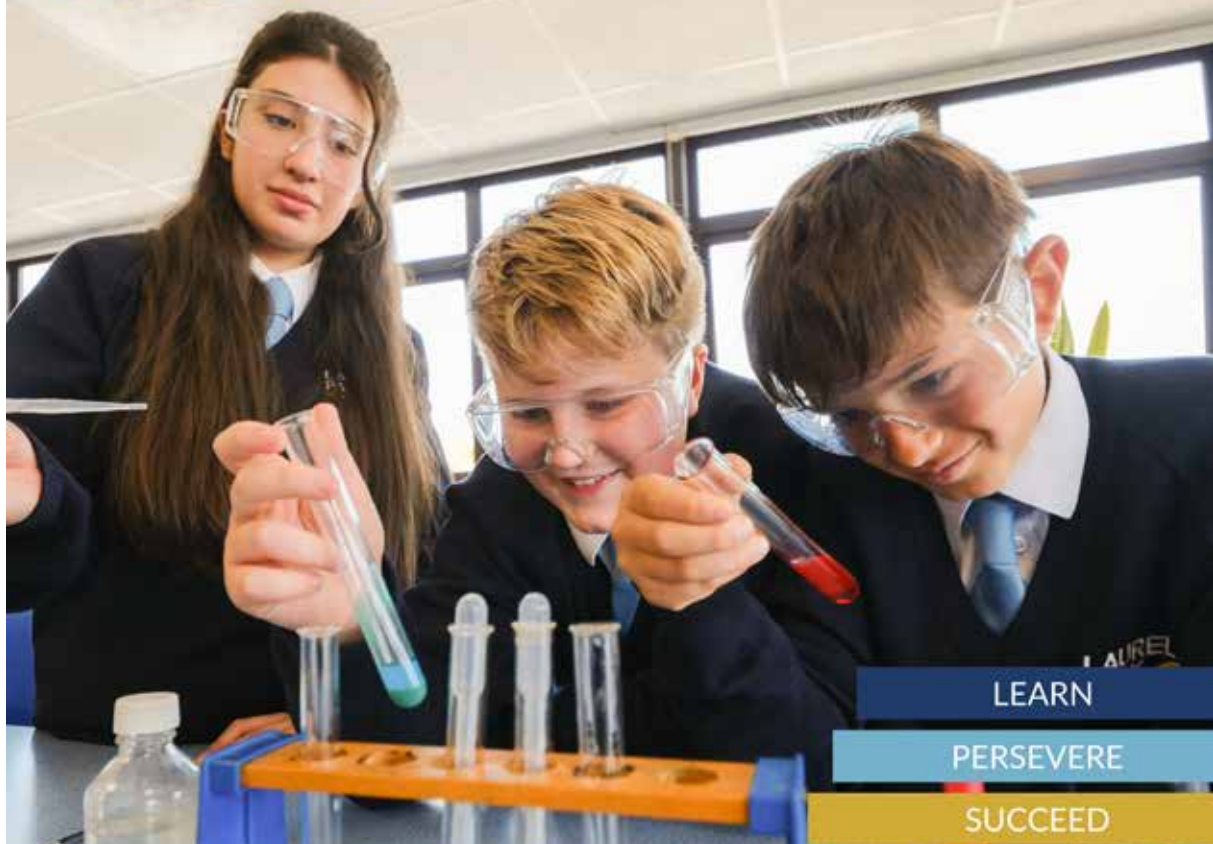
## Contact Oakland Removals

Visit [www.oaklandremovals.co.uk](http://www.oaklandremovals.co.uk) or give us a call at 07968 960 244



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# Home Truths: New Year, same old you

by Dan Brotzel

New Year, New You... Pity the poor magazine editors and daytime TV producers who must come up with some fresh new take on this theme every single year.

From DIY on bank holidays to chasing the winter sun to getting Xmas all wrapped up, the tired seasonal hooks roll round with a weary familiarity. 'New Year, New You' is probably the tireddest of the lot. And yet we fall for it every time.

With props purchased and plans in place, we set out with wildly misplaced optimism to draw a line under bad habits and start afresh. The fridge is stuffed with kale. The wardrobes bulge with stylish (and quite unnecessary) new running kit. The rebooted dating profile is ready to go. The consolidated credit card loan is in place at last.

It's fun to imagine the better person we might be, and the different life that person will enjoy. Twenty twenty-four will, it really will, really really, be the year I lose weight/take up exercise/write that book/meet someone/pay off my debts/all of the above.

But, as a slew of other articles explain

about the same time every year, resolution-setting is a classic act of self-sabotage. So many reasons why.

We think too big for one – resolving to go completely vegan from day one, instead of slowly working to reduce meat. We aren't prepared for the discomfort change brings: how can I face the horror of having to work for a living if I can't order my usual Sunday night pizza? And, really, it's just too cold and dark to go for a jog now.

The cynicism and resistance of others can be a factor too: if I suddenly announce that I am through with drinking, what message does that send to my drinking pals? Perhaps they will feel judged, perhaps they won't believe me. Perhaps they will tell me that 'one small one won't hurt'.

And so, dispirited at our lack of moral fibre, we turn back to the old ways – the comfort eating, the comfort spending,

the comfort non-jogging – to console us. Then we remember these were the very habits we were trying to give up, and feel even worse. Plus it's still only January 3rd, it's dark and cold – and it's still about 37 years till payday.

Perhaps then, we should take heed of psychologist Oliver Burkemann, who wrote once (in a New Year, New You supplement, of course) that we should give up resolutions and try to come to terms with the selves we already are. 'The secret to self-improvement is embracing your messy, imperfect life,' he wrote. Quoting Carol Rogers – 'When I accept myself just as I am, then I can change' – Burkemann suggests that, 'When you no longer imagine you must transform yourself, in order to justify your existence on the planet, you're finally able to do so, in small ways and large.'

Sounds like wise advice, if ever I can get round to it.



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Please get in touch for a free consultation



# Recognising the need for Day Care Services: Supporting your loved ones

As the festive season draws to a close, many of us have enjoyed cherished moments spent with family. Yet, for some, this time might have shone a light on the evolving needs of older relatives. You might have noticed a family member encountering difficulties caring for themselves at home or requiring more of your assistance.

Acknowledging the reality of aging or declining health can be daunting. The responsibilities of providing full-time care often fall on family members, gradually becoming overwhelming and leaving you struggling to cope. Recognising when to seek additional support can be a difficult decision and one that can significantly impact the well-being of both the caregiver and the individual receiving care.

## Spotting signs of vulnerability in older relatives

For those with older relatives, signs of increased vulnerability might have surfaced during the holidays: frequent falls, irregular eating habits, confusion, or disorientation.

These observations can leave us uncertain about the next steps to take. Here are a few questions you can answer to help determine the level of support needed:

- Is there sufficient family support available?
- Does their current living environment ensure safety?
- Are their medical requirements adequately addressed?
- How is their cognitive well-being?
- Do they need assistance with mobility or personal hygiene?
- Can they manage daily meal preparation?
- Are they engaging in regular social interactions?

When uncertainty lingers about the safety of a loved one living independently, our team can help assess their needs and support you with our day care services. Consulting our dedicated team for a care needs assessment can provide you with the information you need to consider your next steps and help you make an informed decision on what level of care you need for your loved one.



Drawing from over three decades of extensive experience in providing comprehensive care, our team are available to offer you assistance.

## Lemon Tree Day Care Services

Our Lemon Tree Day Care Services are designed to provide care, stimulation and companionship for older adults, including those who are living with dementia, who need assistance or supervision during the day.

Day guests can make friends and keep busy, allowing other family members to handle personal business, or relax while knowing their loved one is entertained, well cared for and safe. The assurance of professional care can bring immense

peace of mind. We provide:

- Supervision by professionally trained staff
- Home-made meals, incorporating special dietary needs
- A wide-range of activities
- Friendly environment with English and Greek speaking staff
- Flexible hours and days to suit your lifestyle and requirements, with early drop off and late collection as well as public holidays



Day care enables guests to socialise and enjoy planned activities in a group setting, while still receiving specialist care. Day care is also a great way for older people to become familiar with the surroundings of a care home setting and can ease the transition of moving into a care home when and if the time is right.



**We pride ourselves on supporting families throughout their journey, alleviating their concerns and offering holistic support to every member of the family. To book your free Day Care trial day please call 020 8344 2600 or visit [autumn-gardens.com](http://autumn-gardens.com).**



## Making the smart choice with Smart Compliance

by Martin McKelvey, Anthony Webb Office Manager

Boosting trust and securing a solid reputation are vital for estate agents who are entrusted with clients' most valuable assets. That's why we have partnered with Smart Compliance, a specialised anti-money laundering (AML) service tailored for estate agencies.



The benefits of our partnership with Smart Compliance ensures we meet with government regulations, reduce risks to our clients and streamline required checks.

Smart Compliance's comprehensive AML support includes conducting enhanced due diligence, with over 60% of sellers' cases often requiring further investigation. With dedicated legal compliance advisors, our clients can feel confident that their property is in safe hands, coupled with an HMRC AML compliance guarantee, a unique offering in the UK.

Delegating anti-money laundering tasks to Smart Compliance enhances our efficiency, freeing us up to focus on client relationships and successful sales progression from start to finish.

Smart Compliance carefully manage data collection and document retrieval, compiling compliance packs for property transactions. Their expertise minimises errors, crucial in an industry where accuracy matters. Moreover, they cover any HMRC fines due to oversights, ensuring compliance and reinforcing trust.

Our partnership with Smart Compliance ensures that our clients receive a personalised service, guiding them through anti-money laundering process. By prioritising compliance, we showcase professionalism, reinforcing our award winning reputation that sets our agency apart - ensuring we deliver the highest level of service. For us, it's not just about meeting regulations; it's about reinforcing trust and credibility as a leader in our industry.



## How good is your "normal"?

by Nicola Forward, your local Amatsu Practitioner

People usually contact me to resolve a specific issue, and while we are working together it becomes clear that so many of them are also "living with" something. It might be a pain, poor sleep or being unable to do something they once enjoyed.

Amatsu client, Fiona contacted me when her "right shoulder completely seized up." As we chatted she began listing some of her other "niggles." Her lower back would "catch" from time to time, her stiff neck often led to headaches and she felt tired quite a lot of the time. She just put up with these little things thinking that this was just how it was. "I don't think I could say I have ever felt great," she said.

I wondered if she had reduced her expectation of what was normal for her. That's not to say that she was happy about it, but it had just become the way of her life. Slowly she had settled into a lower level of wellbeing.

It took us a good few Amatsu sessions to free Fiona's shoulder to her satisfaction

and, like many of my clients, Fiona was surprised by the "added benefits" of Amatsu. Her background aches and pains eased, her mood lifted, she was sleeping well and she had more energy.

Amatsu is a physical hands-on therapy using gentle touch, pressure and natural body movement, and you remain fully clothed, usually lying on my therapy couch.

Fiona is now one of my regular "maintenance" clients and it is always a pleasure when she comes for her Amatsu Balance. Her body is generally so well and so responsive that little niggles are easily resolved before they have time to "bed in" and cause more painful problems. "Feeling good is my new normal and after my Amatsu

sessions I feel great!" Says Fiona.

**And how are you?** If you are more likely to answer "alright" or "not bad" or "okay" why not give me a call for an informal chat about Amatsu and you.

You could make 2024 the year you resolve to be more than just "alright."



Mobile: 07720 810 101 Email: nicolaforward@aol.com  
Special Introductory Offer...your first three sessions for the price of two





HOME CARE PREFERRED

## DO YOU OR A LOVED ONE NEED SOME HELP AT HOME?

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**Support can range from a few hours per week through to full-time, live-in care. Services include:**

- Light housework
- Personal care
- Medication support
- Companionship
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Home Care Preferred is an award-winning care agency with a team of kind and trustworthy people based in the borough of Enfield.

***“My carer has lived with me for over seven years and I cannot imagine life without her. She is an angel and Home Care Preferred are always there to support”*** Home Care Preferred Client 2023



**To find out more information please contact Home Care Preferred.**

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**W: [homecarepreferred.com](http://homecarepreferred.com)**



## Small Business Saturday in Palmers Green

by Bambos Charalambous MP



Email: [bambos.charalambous.mp@parliament.uk](mailto:bambos.charalambous.mp@parliament.uk)  
Parliament: 020 7219 3460 Constituency Office: 020 8882 0088  
472 Green Lanes, Palmers Green, London N13 5PA

A very happy new year to readers. I hope you all enjoyed a restful break over the festive period, and are looking forward to everything that 2024 will bring.

Looking back to before Christmas, I had the pleasure of celebrating some of our local businesses here in Palmers Green to mark Small Business Saturday.

Small businesses are the beating heart of our economy. In Palmers Green and Southgate, they help to breathe life into our high streets, creating jobs and providing important services.

It was important to meet some of these businesses last month. Starting with The Master Locksmith on Green Lanes, who provide locksmith services at their shop in Palmers Green and can also travel for emergency car locksmith work. It was great to catch up with their team.

I then ventured over to Station Road, and popped into Panache on the Green, a lovely local flower shop. From rare and seasonal flowers to arrangements for special occasions, their bouquets bring real colour to our high street.

Philanthropy was next, which is a Community Interest Company (CIC)

and a relatively new addition to our high street. As a CIC, Phil and Esther's shop employs adults with learning difficulties or people suffering from mental health issues, and they work closely with Enfield Council and Working Well Trust to help people find paid employment. It is amazing to have a local business which does so much good in our community, and I would encourage you to check them out if you haven't already.

My final visit was to Our Print Shop, a great local spot for all your printing needs, and it was important to hear about some of the challenges these businesses are facing.

2023 was another difficult year. Many SMEs are still recovering from the impact of the Covid-19 pandemic, and today they are battling a long cost of living crisis, with inflation remaining stubbornly high.

Increased business rates, for example, are causing real anxiety for small businesses. I believe this is wrong. It is simply not fair that high street businesses face large tax hikes while big, online corporations are let off the hook. As our economy has changed, the

tax system has failed to keep up and I am urging the Government to look at scrapping the current business rates system for a fairer system to support small businesses.

Another way to support our small businesses is to properly tackle crime and anti-social behaviour in our communities. This is something that comes up regularly in my casework. Over the past 13 years, more than 90% crimes are going unsolved. Shoplifting, for example, has reached record levels, with 1,000 offences per day around the UK.

For small businesses to thrive, we have to ensure that our high streets are safe. To do this, I think we need to look at increasing neighbourhood policing and reducing anti-social behaviour by tackling repeat offenders and supporting those who may need help.

A new year always brings new opportunities and optimism. It is an opportunity for our small businesses to thrive again, and I look forward to continuing to do everything I can to support them in the weeks and months ahead.





# Standing Strong: The Unwavering Resolve of WASPI Women

by Lauren Fulbright

Liberal Democrat Candidate for Enfield Southgate  
Contact: [Hello@enfield-libdems.org.uk](mailto:Hello@enfield-libdems.org.uk)



In recent years, a growing movement has gained traction across the United Kingdom, bringing to light the hardships faced by a group of women who have been disproportionately impacted by changes to the state pension age. These women, part of the Women Against State Pension Inequality (WASPI) movement, have been campaigning for justice and fairness in pension entitlements.

The movement primarily comprises of around 3.6 million women born in the 1950s, who were directly affected by the changes introduced by the Pensions Act of 1995 and accelerated by the Pensions Act of 2011.

The changes increased the state pensions age for women from 60 to 66, resulting in a substantial delay in this demographic receiving their pensions entitlements. For many, this has caused incredible financial and emotional hardship and deep uncertainty in their retirement plans – in the worst cases, women have lost up to £50k of their state pension.

Advocating for a more equitable transition to the new pension age, WASPI has become a vital voice and, indeed, beacon of hope for these women. Their argument is grounded in the claim that this demographic has borne the brunt of an unjust policy and therefore has been unfairly targeted. Supporters of the movement stress that the lack of communication and adequate notice of the pension age changes has left a whole generation of women with an insufficient amount of time to plan for this financial shortfall. Calls for compensation to help bridge this financial gap have been, up until this point, stymied by court rulings that maintain any recommendations that the DWP reimburse 'lost' pensions would necessitate reversing primary legislation.

After five years of campaigning, however, there does appear to be a glimmer of light at the end of the tunnel with key findings from the PHSO finally set to be published in the coming weeks. The ombudsman has confirmed that any recommendations

made to the DWP are to be applied to all those effected by the 6-year set back in pension claims, potentially leading to millions of women in the UK receiving some financial compensation, as well as long overdue recognition of the failure of government to properly recognise the effect the policy has had on women born in the 1950s.

It must be remembered that through all of this, WASPI women are not seeking preferential treatment; they merely demand fairness and the acknowledgment of promises made by the government. Their campaign goes beyond rectifying past wrongs, rather it emphasises the need for future pension policy changes to be transparent, fair, and considerate of those affected. As the government contemplates elevating the pension age to 68, the WASPI cause warrants our collective attention and support, serving as a poignant reminder to ensure that policy changes are executed with due consideration for the individuals they directly impact.

# Anthony Webb

ESTATE AGENTS



## What our clients say about us

"Anthony Webb had my house on the market for one day and had got me the asking price on the same day! Their sales team were exceptional throughout the whole process and also Tony. Between them keeping me in the loop and constantly updated. Very knowledgeable team they have there and would recommend to anyone looking to buy or sell to go directly to them. Thank you again!"

Sana James, August 2023

"A big, big shout out to Tony and the team at Anthony Webb Palmers Green! Despite us being the buyers (not their client), they were fantastic in both the way they liaised with us, keeping us well informed throughout the viewing, offer and purchase processes, and also in their patience as we had to navigate a few hurdles along the way!"

Katy and Dan, July 2023



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To find out more about our care homes and day care services in Southgate and Winchmore Hill please visit [autumn-gardens.com](http://autumn-gardens.com) or contact our friendly team on 020 8344 2600.

